# Master's, Doctoral and Post-doctoral Track Program: Biology and Biotechnology

## 1. Open Doors winner's skill set

Winning the Open Doors competition requires:

- a solid understanding of the key objects, methods, and products of biotechnology;
- proficiency in data analysis and the ability to identify the primary characteristics of biological objects;
- the ability to explain the causes and variability of biological processes based on knowledge in molecular biology, biochemistry, cytology, genetics, and ecology;
- logical thinking, strong task focus, and a commitment to achieving the best possible results.

## 2. List of degree programs covered by the subject area

# 2.1. List of doctoral degree programs

- 1.5.6 Biotechnology
- 1.5.23 Developmental biology, embryology
- 1.5.7 Genetics
- 1.5.22 Cell biology
- 1.5.11 Microbiology
- 1.5.10 Virology
- 1.5.4 Biochemistry

# 2.2. List of master's degree programs

19.04.01 Biotechnology

06.04.01 Biology

#### 3. Content

## Field of science 1: Biotechnology and applied microbiology

- 1. Contemporary understanding of biological objects in biotechnology
- 2. Improvement of biological objects using mutagenesis and selection methods
- 3. Diversity of biotechnology products
- 4. Genomics in biotechnology
- 5. Structure and organization of biotechnological production in accordance with GMP principles
- 6. Regulation of biosynthesis of primary and secondary metabolites
- 7. Cell and enzyme immobilization technology
- 8. Isolation, purification and disposal of target products of biotechnological production

## Field of science 2: Biology

- 1. Life (mitotic) cycle of a cell. Mitosis
- 2. Meiosis. Gametogenesis, the concept of germ cells
- 3. Asexual and sexual reproduction
- 4. Direct and indirect development. Stages of embryogenesis. Types of cloning
- 5. The diversity of life. The role of organisms in their communities
- 6. The variety of habitats
- 7. Environmental factors
- 8. Supraorganismal systems. Interspecies relationships

## **Field of science 3:** Genetics and heredity

1. Basic concepts of genetics

- 2. Mendel's and Morgan's laws. Gene interaction
- 3. The concept of karyotype. Sex-linked inheritance
- 4. Types of variability. Mutagenic factors
- 5. Types of mutations
- 6. Inheritance of blood group and Rh factor

### **Field of science 4:** Cell biology

- 1. Characteristics of the organization and functioning of prokaryotic cells
- 2. Characteristics of the organization and functioning of eukaryotic cells
- 3. Structure and functions of eukaryotic cell organelles
- 4. The concept of tissue. Types of tissues

## Field of science 5: Microbiology

- 1. Microorganisms: classification and taxonomy
- 2. Morphological forms of bacteria
- 3. Structure and chemical composition of a bacterial cell. Features of the hereditary material of bacteria
- 4. Cultivation and identification of bacteria
- 5. Pathogenic bacteria in humans. Immunobiological preparations

## **Field of science 6:** Virology

- 1. Viruses and bacteriophages. Structure. Hereditary material of viruses. Viral vectors
- 2. Cultivation and identification of viruses
- 3. The development cycle of viruses and bacteriophages
- 4. Viruses that cause human diseases. Immunobiological preparations

## **Field of science 7:** Biochemistry & molecular biology

- 1. Low molecular weight bioregulators. Biopolymers. Methods of detection of biomolecules
- 2. Aerobes and anaerobes. Catabolism in living systems
- 3. Matrix biosyntheses. Replication, transcription, translation. Regulation of gene expression
- 4. Photosynthesis
- 5. Chemosynthesis
- 6. Cellular and humoral immunity
- 7. Humoral regulation. The concept of hormones and their types
- 8. Biochemistry of the nerve impulse. Neurotransmitters
- 9. Digestive enzymes
- 10. Vitamins

## 4. Preparation materials

#### 4.1 Recommended reading

## Field of science 1: Biotechnology and applied microbiology

# Reading list in English

Glick, Bernard R., Pasternak Jack J., Patten Cheryl L. Molecular Biotechnology: principles and applications of recombinant DNA: ASM Press, 2010. 1000 p.

URL: https://djvu.online/file/BNsYFjTApTDtn?ysclid=lxkd0nrzgp527607128

Green N. P. O. (Nigel P. O.), Stout G. W., Taylor D. J., Soper R. Biological science. Cambridge: Cambridge University Press, 1995. 972 p.

URL: https://archive.org/details/biologicalscienc02edgree/page/n5/mode/2up

The Biotech Primer: An Insider's Guide to the Science Driving the Biopharma Industry, 2019. 184 p. ISBN-13978-1513655048

URL: https://biotechprimer.com/publications/

The Biotech Primer One: The Science Driving Biopharma Explained: An Insider's Guide to the Science Driving the Biopharma Industry for the Non-Scientist (The Biotech Primer For Non-Scientists Series), 2021. 190 p. ISBN-13979-8704232407

URL: https://biotechprimer.com/publications/

## **Field of science 2:** Biology

## Reading list in English

Biology: textbook / G. N. Solovykh, G. F. Kolchugina, E. A. Kanunikova, S. A. Donskova. Moscow: GEOTAR-Media, 2024. 384 p.

URL: https://www.studentlibrary.ru/book/ISBN9785970484135.html

Bowman W. D., Hacker S. D., Cain M. L. Ecology - 4th Edition. Oxford University Press 2017, 744 p.

URL: <a href="https://www.amazon.com/Ecology-William-D-Bowman/dp/1605356182">https://www.amazon.com/Ecology-William-D-Bowman/dp/1605356182</a>

Campbell N. A., Urry L. A., Cain M. L., Wasserman S. A., Orr R. A., Minorsky P. V., Reece J.B.. Biology: A Global Approach. Generic. 2021.1510 p.

URL: https://www.amazon.com/Biology-Global- Approach-12th-Latest/dp/B09Y93QQMJ

Green N. P. O. (Nigel P. O.), Stout G. W., Taylor D. J., Soper R. Biological science. Cambridge: Cambridge University Press, 1995. 972 p.

URL: https://archive.org/details/biologicalscienc02edgree/page/n5/mode/2up

Urry L.A., Cain M.L., Wasserman S.A., Minorsky P.V., Orr R. Campbell Biology. New York: Pearson; 2020. 1488 p.

URL: https://www.pearson.com/en-us/subject-catalog/p/campbell-

biology/P200000007019/9780135988046?tab=accessibility

## **Field of science 3:** Genetics and heredity

## Reading list in English

Bochkov N.P., Puzyrev V.P., Smirnikhina S.A. Clinical genetics: textbook. Moscow: GEOTAR-Media, 2023. 504 p.

URL: https://www.studentlibrary.ru/book/ISBN9785970475454.html

Krebs J., Goldstein E., Kilpatrick S. Lewin's genes XI. – Burlington, MA: Jones and Bartlett Publishers, 2013. 940 p.

URL: https://ms2016asab.wordpress.com/wp-content/uploads/2016/09/lewins-genes-xi.pdf

Passarg E. Color Atlas of Genetics. New York: Thieme, 2013. 475 p.

URL: <a href="https://shop.thieme.de/Color-Atlas-of-Genetics/9783132414419">https://shop.thieme.de/Color-Atlas-of-Genetics/9783132414419</a>

# Field of science 4: Cell biology

## Reading list in English

Afanasyev Y.I., Yurina N.A. Histology, Embryology, Cytology. Moscow: GEOTAR-Media, 2022. 768 p.

URL: https://www.studentlibrary.ru/book/ISBN9785970470558.html

Cassimeris L., Lingappa V.R., Plopper D. Cells according to Lewin. Burlington, MA: Jones and Bartlett Publishers, 2013. 1056 p.

URL: https://archive.org/details/bwb\_p8-cue-596/mode/2up

Danilov R. K., Borovaya T.G. Histology, Embryology, Cytology. Moscow: GEOTAR-Media,

2022. 480 p.

URL: <a href="https://www.studentlibrary.ru/book/ISBN9785970463857.html">https://www.studentlibrary.ru/book/ISBN9785970463857.html</a>

Pollard T. D., Earnshaw W.C., Lippincott-Schwartz J., Johnson G. Cell Biology E-Book: Cell Biology E-Book. Elsevier Health Sciences, 2022. 944 p.

URL: https://shop.elsevier.com/books/cell-biology/pollard/978-0-323-75800-0

Zimatkin S.M. Basics of Histology, Cytology, Embryology. Minsk: Vysheyshaya Shkola, 2020. 240 p.

URL: https://www.studentlibrary.ru/book/ISBN9789850632043.html

## **Field of science 5:** Microbiology

#### **Reading list in English**

Campbell N. A., Urry L. A., Cain M. L., Wasserman S. A., Orr R. A., Minorsky P. V., Reece J.B.. Biology: A Global Approach. Generic, 2021. 1510 p.

URL: <a href="https://www.amazon.com/Biology-Global-">https://www.amazon.com/Biology-Global-</a> Approach-12th-Latest/dp/B09Y93QQMJ

Hewlett M. J., Camerini D., Bloom D. C. Basic Virology, Fourth Edition. Wiley-Blackwell, 2021. 576 p.

URL: <a href="https://www.wiley.com/en-cn/Basic+Virology%2C+4th+Edition-p-9781119314066">https://www.wiley.com/en-cn/Basic+Virology%2C+4th+Edition-p-9781119314066</a>

Zverev V.V., Boichenko M.N. Medical microbiology, virology, immunology. Moscow, GEOTAR-Media, 2020. Vol. 1 – 384 p.

URL: https://www.studentlibrary.ru/book/ISBN9785970456071.html

## **Field of science 6:** Virology

## **Reading list in English**

Campbell N. A., Urry L. A., Cain M. L., Wasserman S. A., Orr R. A., Minorsky P. V., Reece J.B.. Biology: A Global Approach. Generic, 2021. 1510 p.

URL: <a href="https://www.amazon.com/Biology-Global-Approach-12th-Latest/dp/B09Y93QQMJ">https://www.amazon.com/Biology-Global-Approach-12th-Latest/dp/B09Y93QQMJ</a>

Hewlett M. J., Camerini D., Bloom D. C. Basic Virology, Fourth Edition. Wiley-Blackwell, 2021. 576 p.

URL: <a href="https://www.wiley.com/en-cn/Basic+Virology%2C+4th+Edition-p-9781119314066">https://www.wiley.com/en-cn/Basic+Virology%2C+4th+Edition-p-9781119314066</a>

Zverev V.V., Boichenko M.N. Medical microbiology, virology, immunology. Moscow, GEOTAR-Media, 2020. Vol. 1 384 p.

URL: https://www.studentlibrary.ru/book/ISBN9785970456071.html

#### **Field of science 7:** Biochemistry and molecular biology

#### Reading list in English

Baigildina, A. A., Davydov V. V. Laboratory Manual on Biological Chemistry: for foreign students of Medical Department of Higher Education Institutions: tutorial. Moscow: GEOTAR-Media, 2019. 304 p.

URL: https://www.studentlibrary.ru/book/ISBN9785970449714.html

Glukhov, A. I., Garin V.V. Biochemistry with exercises and tasks. Moscow: GEOTAR-Media, 2020. 296 p.

URL: https://www.studentlibrary.ru/book/ISBN9785970453179.html

Glukhov, A. I., Gubareva A. E. Essential Biochemistry for Medical Students with Problem-Solving Exercises. - Moscow: GEOTAR-Media, 2020. 584 p.

URL: https://www.studentlibrary.ru/book/ISBN9785970456507.html

#### 4.2 Recommended online courses

Field of science 1: Biotechnology & applied microbiology



Online courses in English	Link	Course description
Chemical Biology	https://coursera.org/learn/chemical-biology	This course introduces key concepts and approaches in biochemistry. Presented in a video tutorial format, it provides students with foundational knowledge of core theories and concepts in the field.
Drug Development Product Management	https://coursera.org/specializa tions/drug-development- product-management	This course introduces the key principles of drug discovery and development. Delivered in a video tutorial format, it provides students with foundational knowledge of core theories and concepts in this area of pharmaceutical science.
Industrial Biotechnology (Coursera)	https://www.coursera.org/lear n/industrial-biotech	This course introduces key concepts and approaches in biotechnological research.  Delivered in a video tutorial format, it provides students with foundational knowledge of core theories and methodologies in the field.
Systems Biology and Biotechnology (Coursera)	https://www.coursera.org/spe cializations/systems-biology	This course introduces key concepts and approaches in biology and biotechnology. Presented in a video tutorial format, it provides students with foundational knowledge of core theories and principles within these fields.
Introduction to Biomedical Engineering	https://openedu.ru/course/spb stu/BIOENG/	This course introduces key concepts and approaches in biomedical engineering. Delivered in a video tutorial format, it provides students with foundational knowledge of core theories and principles in the field.
Methods of molecular biology	https://openedu.ru/course/spb stu/MOLBIO/	This course introduces the fundamental techniques of molecular biology. Delivered in a video tutorial format, it provides students with foundational knowledge of core theories and concepts in the field.

Field of science 2: Biology

Online courses in	Link	Course description
English		

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General Biology	https://sechenov.online/cours	This course introduces key
	e/general-biology	concepts and approaches in
		cytology. Delivered in a video
		tutorial format, it provides students
		with foundational knowledge of
		core theories and principles in the
		field.
Anatomy Specialization	https://www.coursera.org/spe	This course offers a comprehensive
(Coursera)	cializations/anatomy	introduction to the essential
		principles of human anatomy.
		Delivered in a video tutorial format,
		it equips students with a solid
		understanding of the core concepts
		and theoretical foundations in the
		discipline.
Science of Stem Cells	https://www.coursera.org/lear	This course introduces the
(Coursera)	n/stem-cells	fundamental aspects of stem cell
(30413014)	20011 00110	science. Delivered in a video
		tutorial format, it provides students
		with foundational knowledge of
		core theories and concepts in the
		field.
TSU Applicant's Online	https://ido.skills.tsu.ru/course/	The course introduces key concepts
School: Biology	view.php?id=122	and approaches in biology.
School. Blology	view.pnp:id=122	Delivered in a video tutorial format,
		•
		it provides students with
		foundational knowledge of core
Die Cheffe Feelenie	1.44//	theories and concepts in the field.
Big Stuff: Evolution	https://www.coursera.org/lear	The course introduces key concepts
and Ecology (Coursera)	n/the-big-stuff-evolution-and-	and approaches in ecology.
	ecology	Delivered in a video tutorial format,
		it provides students with
		foundational knowledge of core
		theories and concepts in the field.
Ecology: Ecosystem	https://www.coursera.org/lear	The course introduces key concepts
Dynamics and	n/ecology-conservation	and approaches in ecology.
Conservation		Delivered in a video tutorial format,
(Coursera)		it provides students with
		foundational knowledge of core
		theories and concepts in the field.
Understanding Plants -	https://coursera.org/learn/plan	The course introduces key concepts
Part I: What a Plant	tknows	and approaches in plant biology.
Knows (Coursera)		Delivered in a video tutorial format,
		it provides students with
		foundational knowledge of core
		theories and concepts in the field.
Understanding Plants -	https://coursera.org/learn/plan	The course introduces key concepts
Part II: Fundamentals	<u>t-biology</u>	and approaches in plant biology.
of Plant Biology		Delivered in a video tutorial format,
(Coursera)		it provides students with

	foundational knowledge of core
	theories and concepts in the field.

**Field of science 3:** Genetics & heredity

Online courses in	Link	Course description
English		
Genetics	https://sechenov.online/educa	The course introduces key concepts
	tion/genetics	and approaches in genetics.
		Delivered in a video tutorial format,
		it provides students with
		foundational knowledge of core
		theories and concepts in the field.
Genomics: Decoding	https://coursera.org/learn/gen	This course introduces the key
the Universal Language	omics-research	features and organization of the
of Life (Coursera)		genome. Delivered in a video
		tutorial format, it provides students
		with foundational knowledge of
		core theories and concepts in the
		field of genomics.
Introduction to Genetics	https://www.coursera.org/lear	The course introduces key concepts
and Evolution	<u>n/genetics-evolution</u>	and approaches in genetics and
(Coursera)		evolution. The course, presented
		through video tutorials, equips
		students with a solid understanding
		of the fundamental theories and
		concepts in the respective field.
TSU Applicant's Online	https://ido.skills.tsu.ru/course/	The course introduces key concepts
School: Biology	view.php?id=122	and approaches in biology. The
		course, presented through video
		tutorials, equips students with a
		solid understanding of the
		fundamental theories and concepts
		in the respective field.

Field of science 4: Cell biology

Online courses in	Link	Course description
English		_
General Biology	https://sechenov.online/cours e/general-biology	The course introduces key concepts and approaches in cytology. The course is presented in a video tutorial format and will allow you to gain knowledge of core theories and concepts in the relevant field of study.
Anatomy Specialization (Coursera)	https://www.coursera.org/spe cializations/anatomy	The course introduces the key fundamentals of human anatomy. Delivered in a video tutorial format, it provides students with foundational knowledge of core theories and concepts in the field.

Science of Stem Cells	https://www.coursera.org/lear	The course introduces the key
(Coursera)	<u>n/stem-cells</u>	features of stem cell science.
		Delivered in a video tutorial format,
		it provides students with
		foundational knowledge of core
		theories and concepts in the field.
TSU Applicant's Online	https://ido.skills.tsu.ru/course/	The course introduces key concepts
School: Biology	view.php?id=122	and approaches in biology.
		Delivered in a video tutorial format,
		it provides students with
		foundational knowledge of core
		theories and concepts in the field.

Field of science 5: Microbiology

Online courses in	Link	Course description
English		
General microbiology	https://sechenov.online/educa tion/general-microbiology	The course introduces key concepts and approaches in general microbiology.  Delivered in a video tutorial format, it provides students with foundational knowledge of core theories and concepts in the field.
Virology	https://sechenov.online/cours e/virology	The course introduces key concepts and approaches in virology. Delivered in a video tutorial format, it provides students with foundational knowledge of core theories and concepts in the field.
Special microbiology	https://sechenov.online/cours e/special-microbiology	The course introduces key concepts and approaches in special microbiology.  Delivered in a video tutorial format, it provides students with foundational knowledge of core theories and concepts in the field.
Bacteria and Chronic Infections (Coursera)	https://www.coursera.org/lear n/bacterial-infections	This course explores the fundamental properties of bacteria and their role in the development and persistence of chronic infections. Delivered in a video tutorial format, it provides students with foundational knowledge of core theories and concepts in the field.
Biology Everywhere (Coursera)	https://coursera.org/specializa tions/biology-everywhere	The course introduces key concepts and approaches in biology. Delivered in a video tutorial format, it provides students with foundational knowledge of core

		theories and concepts in the field.
Epidemics - the	https://www.coursera.org/lear	The course introduces key concepts
Dynamics of Infectious	n/epidemics	and approaches in epidemiology
Diseases (Coursera)		and the dynamics of infectious
		diseases.
		Delivered in a video tutorial format,
		it provides students with
		foundational knowledge of core
		theories and concepts in the field.
Immunology: Immune	https://www.coursera.org/lear	This course offers a comprehensive
system and Infectious	n/immunology-immune-	introduction to the immunological
Diseases (Coursera)	system-and-infectious-	mechanisms involved in infectious
	<u>diseases</u>	diseases. Presented in a video
		tutorial format, it provides students
		with a solid foundation in core
		theories and concepts related to
		immune responses, pathogen
		defense strategies, and the interplay
		between host and infectious agents.
Immunology	https://sechenov.online/educa	The course introduces key concepts
	tion/immunology	and approaches in immunology.
		Delivered in a video tutorial format,
		it provides students with
		foundational knowledge of core
		theories and concepts in the field.

Field of science 6: Virology

Online courses in	Link	Course description
English		_
General microbiology	https://sechenov.online/educa	The course introduces key concepts
	tion/general-microbiology	and approaches in general
		microbiology.
		Delivered in a video tutorial format,
		it provides students with
		foundational knowledge of core
		theories and concepts in the field.
Virology	https://sechenov.online/cours	The course introduces key concepts
	<u>e/virology</u>	and approaches in virology.
		Delivered in a video tutorial format,
		it provides students with
		foundational knowledge of core
		theories and concepts in the field.
Special microbiology	https://sechenov.online/cours	The course introduces the key
	e/special-microbiology	features of special microbiology.
		Delivered in a video tutorial format,
		it provides students with
		foundational knowledge of core
		theories and concepts in the field.
Bacteria and Chronic	https://www.coursera.org/lear	This course explores the
Infections (Coursera)	<u>n/bacterial-infections</u>	fundamental properties of bacteria

	T	
		and their role in the development
		and persistence of chronic
		infections. Delivered in a video
		tutorial format, it provides students
		with foundational knowledge of
		core theories and concepts in the
		field.
Biology Everywhere	https://coursera.org/specializa	The course introduces key concepts
(Coursera)	tions/biology-everywhere	and approaches in biology.
		Delivered in a video tutorial format,
		it provides students with
		foundational knowledge of core
		theories and concepts in the field.
Epidemics - the	https://www.coursera.org/lear	The course introduces the key
Dynamics of Infectious	n/epidemics	features of the epidemiology of
Diseases (Coursera)		infectious diseases.
		Delivered in a video tutorial format,
		it provides students with
		foundational knowledge of core
		theories and concepts in the field.
Immunology: Immune	https://www.coursera.org/lear	The course introduces the key
system and Infectious	n/immunology-immune-	features of the immunology of
Diseases (Coursera)	system-and-infectious-	infectious diseases.
	diseases	Delivered in a video tutorial format,
		it provides students with
		foundational knowledge of core
		theories and concepts in the field.
Immunology	https://sechenov.online/educa	The course introduces key concepts
	tion/immunology	and approaches in immunology.
		Delivered in a video tutorial format,
		it provides students with
		foundational knowledge of core
		theories and concepts in the field.

Field of science 7: Biochemistry & molecular biology

Online courses in	Link	Course description
English		
Biochemical Principles	https://www.coursera.org/lear	The course introduces the key
of Energy Metabolism	<u>n/energy-metabolism</u>	features of energy metabolism.
(Coursera)		Delivered in a video tutorial format,
		it provides students with
		foundational knowledge of core
		theories and concepts in the field.
Chemical Biology	https://coursera.org/learn/che	The course introduces key concepts
(Coursera)	mical-biology	and approaches in chemical
		biology.
		Delivered in a video tutorial format,
		it provides students with
		foundational knowledge of core
		theories and concepts in the field.

Industrial	https://coursera.org/learn/indu	The course introduces key concepts
Biotechnology	strial-biotech	and approaches in industrial
(Coursera)	strar-blotcen	biotechnology.
(Coursera)		Delivered in a video tutorial format,
		*
		it provides students with
		foundational knowledge of core
Dio ahamiatuv Onan Pr	https://oli.oppy.ody/ooypgos/hi	theories and concepts in the field.
Biochemistry Open &	https://oli.cmu.edu/courses/bi	The course introduces key concepts
Free (Carnegie Mellon	ochemistry-open-free/	and approaches in biochemistry.  Delivered in a video tutorial format,
University)		,
		it provides students with
		foundational knowledge of core
D: : 1 C		theories and concepts in the field.
Principles of	https://www.harvardonline.ha	The course introduces key concepts
Biochemistry (Harvard	rvard.edu/course/principles-	and approaches in biochemistry.
University)	biochemistry	Delivered in a video tutorial format,
		it provides students with
		foundational knowledge of core
		theories and concepts in the field.
Immunology	https://sechenov.online/educa	The course introduces key concepts
	tion/immunology	and approaches in immunology.
		Delivered in a video tutorial format,
		it provides students with
		foundational knowledge of core
		theories and concepts in the field.
Fundamentals of	https://www.coursera.org/spe	The course introduces key concepts
Immunology (Coursera)	cializations/immunology	and approaches in immunology.
		Delivered in a video tutorial format,
		it provides students with
		foundational knowledge of core
		theories and concepts in the field.
Fundamentals of	https://coursera.org/learn/im	The course introduces key concepts
Immunology: T Cells	munologyfundamentalstcellss	and approaches in immunology.
and Signaling	ignaling	Delivered in a video tutorial format,
(Coursera)		it provides students with
,		foundational knowledge of core
		theories and concepts in the field.
Introductory Human	https://www.coursera.org/lear	The course introduces key concepts
Physiology (Coursera)	n/physiology	and approaches in human
		physiology.
		Delivered in a video tutorial format,
		it provides students with
		foundational knowledge of core
		theories and concepts in the field.
Methods of molecular	https://openedu.ru/course/spb	The course introduces the key
	intips.//openedu.ru/course/sim/	
		1 ·
biology	stu/MOLBIO/	methods of molecular biology.
		methods of molecular biology. Delivered in a video tutorial format,
		methods of molecular biology. Delivered in a video tutorial format, it provides students with
		methods of molecular biology. Delivered in a video tutorial format,