

## **Undergraduate Track Program: Political Science and International Relations**

### **1. Olympiad Winner's Skill Set**

To win the Olympiad, you should have a solid command of the following skills, namely:

- correspond political and historical events and personalities;
- identify and interpret semantic constructions in texts on political theory;
- identify and take into account current trends and processes in international relations and politics;
- orientate in the basic terms of modern political theory;
- explain the political and historical situation and cause-and-effect relationships;
- express thoughts freely in written text;
- build a theoretical and empirical (with the help of examples) argumentation of one's position;
- apply a creative approach to answering the questions of assignments, originality of examples, problem formulations;
- link knowledge about socio-economic, political and historical processes and individual facts, as well as explain the participants' activities of these processes.

### **2. List of degree programs**

#### **2.1. List of bachelor's programs:**

- 41.03.01 Area Studies
- 41.03.02 Russian Studies
- 41.03.03 Oriental and African Studies
- 41.03.04 Political Science
- 41.03.05 International relations
- 41.03.06 Public policy and social sciences

### **3. Program Content**

#### **Political sciences**

##### **Social studies, history, geography**

1. Basic political categories
2. Political system
3. Political institutions and processes
4. Political behavior and political culture
5. Political ideologies and thoughts
6. The federal structure of the Russian Federation
7. Ethnic groups in the Russian Federation and the constitutional principles of national policy in the Russian Federation
8. Economic and socio-political geography of the Russian Federation

#### **International relations**

##### **Social studies, history**

1. Key milestones in the history of international relations (1945-1991) and major developments in contemporary international relations (1991 - present);
2. Systems of international relations and the formation of the world order;
3. The role of great powers, and regions of the world in contemporary international relations;

4. The activities of international organizations and the role of the United Nations in the contemporary system of international relations;
5. The main trends and tendencies of modern international relations: Globalization and regionalization, digitization, new trends in the sphere of countering new challenges and threats in international relations at the present stage.

### **International relations and Regional Studies**

#### **Social studies, history, geography**

1. Theoretical basis of Area studies
2. Historical, cultural and socio-political characteristics of the regions/countries of the region
3. Regional international relations, foreign policy and diplomacy of the countries of the region
4. Regionalization, integration and globalization
5. Regional conflicts

### **Public administration**

#### **Social studies**

1. The State and public administration
2. Elements of public policy
3. Theories and approaches to public policy
4. State regulation of the economy
5. National public administration systems in education, health and infrastructures

### **Asian studies**

#### **Social studies, history, geography**

1. International economic relations of Asian and African countries
2. History of Asia and Africa
3. Asian and African languages and culture
4. Current issues of Eastern society
5. Socio-political thought in the East

## **4. Recommended References**

### **4.1. Reading List**

#### **Political sciences**

<b>Sources in English</b>	<b>Topic</b>
1. Federation Council of the Federal Assembly of The Russian Federation / official website URL: <a href="http://council.gov.ru/en/structure/regions/">http://council.gov.ru/en/structure/regions/</a>	The federal structure of the Russian Federation Economic and socio-political geography of the Russian Federation

2. Heywood A. Political Theory An Introduction, Third Edition, 2004 URL: <a href="https://ourstudycircle.in/upsc/opt/Political_Science/books/Political_Theory_Andrew_Heywood.pdf">https://ourstudycircle.in/upsc/opt/Political_Science/books/Political_Theory_Andrew_Heywood.pdf</a>	Basic political categories
3. The Politics Book. DK: 2013 URL: <a href="https://vk.com/wall-48413872_48062">https://vk.com/wall-48413872_48062</a>	Political ideologies and thoughts
4. Public Administration and Regional Management in Russia / ed. by E. Popkova, K. Vodenko URL: <a href="https://xn--h1aauh.xn--p1ai/wp-content/uploads/2020/04/Public-Administration-and-Regional-Management-in-Russia.pdf">https://xn--h1aauh.xn--p1ai/wp-content/uploads/2020/04/Public-Administration-and-Regional-Management-in-Russia.pdf</a>	The federal structure of the Russian Federation Ethnic groups in the Russian Federation and the constitutional principles of national policy in the Russian Federation Economic and socio-political geography of the Russian Federation
5. Rom, Mark C., Masaki Hidaka, and Rachel Bzostek Walker. Introduction to Political Science . Houston, Texas: OpenStax, Rice University, 2022 <a href="https://assets.openstax.org/oscms-prodcms/media/documents/Introduction_to_Political_Science_-_WEB.pdf">https://assets.openstax.org/oscms-prodcms/media/documents/Introduction_to_Political_Science_-_WEB.pdf</a>	Basic political categories Political system Political institutions and processes Political behavior and political culture

Sources in Russian	Topic
1. Алексеева Т. А. Современные политические теории. М.: РОССПЭН, 2007. 402 с. URL: <a href="https://vk.com/wall-122520412_989">https://vk.com/wall-122520412_989</a>	Political ideologies and thoughts
2. Мельвиль А.Ю. Категории политической науки. М.: РОССПЭН, 2002 URL: <a href="https://igf.chuvsu.ru/bibl/melvil_kategorii.PDF">https://igf.chuvsu.ru/bibl/melvil_kategorii.PDF</a>	Basic political categories
Мухаметов Р.С. Политическая регионалистика. Учебно-методическое пособие. Екатеринбург, 2016. URL: <a href="https://elar.urfu.ru/bitstream/10995/52520/1/Muhametov-2016.pdf">https://elar.urfu.ru/bitstream/10995/52520/1/Muhametov-2016.pdf</a>	The federal structure of the Russian Federation
Обществознание. 11 класс / под ред. Тишкова. М.: Вентана-Граф, 2020 URL: <a href="https://vk.com/wall-31729521_2672">https://vk.com/wall-31729521_2672</a>	The federal structure of the Russian Federation

Россия: социально-экономическая география / под ред. А.И. Алексеева, В.А. Колосова. М.: Новый хронограф, 2013 URL: <a href="https://rasp.ktek-kostroma.ru/book/14/14-geogr-05.pdf">https://rasp.ktek-kostroma.ru/book/14/14-geogr-05.pdf</a>	Ethnic groups in the Russian Federation and the constitutional principles of national policy in the Russian Federation Economic and socio-political geography of the Russian Federation
3. Соловьев А.И. Политология. Политическая теория. Политические технологии. М.: Аспект Пресс, 2006 URL: <a href="http://yanko.lib.ru/books/politologiya/politology-solovyev-2006-a.htm">http://yanko.lib.ru/books/politologiya/politology-solovyev-2006-a.htm</a>	Political system Political institutions and processes Political behavior and political culture

### International relations

Sources in English	Topic
1. Basic Facts about the United Nations. 42th Edition. New York: United Nations, 2017. 297 p. URL: <a href="https://www.un-ilibrary.org/content/books/9789210584906/read*(in+all+languages+of+UN)+(свободный+доступ)">https://www.un-ilibrary.org/content/books/9789210584906/read*(in all languages of UN) (свободный доступ)</a>	Key milestones in the history of international relations (1945-1991) and major developments in contemporary international relations (1991 - present); The activities of international organisations and the role of the United Nations in the contemporary system of international relations; The main trends and tendencies of modern international relations: globalization and regionalization, digitization, new trends in the sphere of countering new challenges and threats in international relations at the present stage.
2. Bloor K. Understanding Global Politics URL: <a href="https://www.e-ir.info/publication/understanding-global-politics/">https://www.e-ir.info/publication/understanding-global-politics/</a> (свободный доступ)	Key milestones in the history of international relations (1945-1991) and major developments in contemporary international relations (1991 - present); Systems of international relations and the formation of the world order; The activities of international organizations and the role of the United Nations in the contemporary system of international relations
3. Checiu A., Wohlforth W.C. The Oxford Handbook of International Relations. NY: Oxford University Press, 2018. 949 p. URL: <a href="https://www.defence.lk/upload/ebooks/The-Oxford-Handbook-of-International-Security-Oxford-University-Press-2018.pdf">https://www.defence.lk/upload/ebooks/The-Oxford-Handbook-of-International-Security-Oxford-University-Press-2018 .pdf</a> (свободный доступ)	Key milestones in the history of international relations (1945-1991) and major developments in contemporary international relations (1991 - present); Systems of international relations and the formation of the world order; The role of great powers, regions of the world in contemporary international relations; The activities of international organisations

	<p>and the role of the United Nations in the contemporary system of international relations;</p> <p>The main trends and tendencies of modern international relations: Globalisation and regionalisation, digitisation, new trends in the sphere of countering new challenges and threats in international relations at the present stage.</p>
<p>4. Global Issues// UN. URL: <a href="https://www.un.org/en/global-issues">https://www.un.org/en/global-issues</a> (свободный доступ)</p>	<p>The activities of international organisations and the role of the United Nations in the contemporary system of international relations;</p> <p>The main trends and tendencies of modern international relations: globalization and regionalization, digitization, new trends in the sphere of countering new challenges and threats in international relations at the present stage.</p>
<p>5. Handbook of International Relations. Ed. By Walter Carlsnaes, Thomas Risse and Beth A. Simmons 2013. URL: <a href="http://ndl.ethernet.edu.et/bitstream/123456789/43164/1/47.Walter%20Carlsnaes%2C%20Thomas%20Risse%2C.pdf">http://ndl.ethernet.edu.et/bitstream/123456789/43164/1/47.Walter%20Carlsnaes%2C%20Thomas%20Risse%2C.pdf</a> (свободный доступ)</p>	<p>The role of great powers, regions of the world in contemporary international relations;</p> <p>The activities of international organizations and the role of the United Nations in the contemporary system of international relations;</p> <p>The main trends and tendencies of modern international relations: globalization and regionalization, digitization, new trends in the sphere of countering new challenges and threats in international relations at the present stage.</p>
<p>6. Routledge Handbook of Historical International Relations Ed.by Benjamin de Carvalho, Julia Costa Lopez and Halvard Leira / Academia. URL: <a href="https://www.academia.edu/45169650/Routledge_Handbook_of_Historical_International_Relations">https://www.academia.edu/45169650/Routledge_Handbook_of_Historical_International_Relations</a> (свободный доступ)</p>	<p>Key milestones in the history of international relations (1945-1991) and major developments in contemporary international relations (1991 - present);</p> <p>The main trends and tendencies of modern international relations: globalization and regionalization, digitization, new trends in the sphere of countering new challenges and threats in international relations at the present stage.</p>
<p>7. 2023 Report of the Secretary-General on the Work of the Organization. New York: United Nations, 2023 105 URL: <a href="https://www.un.org/sites/un2.un.org/files/sg_annual_report_2023_en_0.pdf">https://www.un.org/sites/un2.un.org/files/sg_annual_report_2023_en_0.pdf</a> (in all languages of UN) (свободный доступ)</p>	<p>Key milestones in the history of international relations (1945-1991) and major developments in contemporary international relations (1991 - present);</p> <p>The role of great powers, regions of the world in contemporary international relations;</p> <p>The activities of international organizations and the role of the United Nations in the</p>

	contemporary system of international relations;
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Sources in Russian	Topic
1. Международные отношения: грани настоящего и будущего / [под ред. И.С. Иванова, И.Н. Тимофеева, Е.О. Карпинской, Е.А. Солодухиной, С.М. Гавриловой]; Российский совет по международным делам (РСМД). — М.: НП РСМД, 2023. — 472 с. URL: <a href="https://russiancouncil.ru/upload/iblock/476/405jrlou9u7mw6s8bnxmmc2dyz06mbgz/RIAC_Edges_of_Future_Book.pdf">https://russiancouncil.ru/upload/iblock/476/405jrlou9u7mw6s8bnxmmc2dyz06mbgz/RIAC_Edges_of_Future_Book.pdf</a> (свободный доступ)	Key milestones in the history of international relations (1945-1991) and major developments in contemporary international relations (1991 - present); The role of great powers, regions of the world in contemporary international relations; The main trends and tendencies of modern international relations: globalization and regionalization, digitization, new trends in the sphere of countering new challenges and threats in international relations at the present stage.
2. Мировая политика и международные отношения: Учебник / В. А. Ачкасов, С. А. Ланцов. — М.: Аспект Пресс, 2011. — 480 с. URL: <a href="https://lib.agu.site/upload/iblock/09d/World%20politics%20and%20international%20relations.pdf">https://lib.agu.site/upload/iblock/09d/World%20politics%20and%20international%20relations.pdf</a>	Key milestones in the history of international relations (1945-1991) and major developments in contemporary international relations (1991 - present); Systems of international relations and the formation of the world order; The main trends and tendencies of modern international relations: globalization and regionalization, digitization, new trends in the sphere of countering new challenges and threats in international relations at the present stage..
3. Мир без сверхдержав URL: <a href="https://ru.valdaiclub.com/files/43157/">https://ru.valdaiclub.com/files/43157/</a> (свободный доступ)	Systems of international relations and the formation of the world order; The role of great powers, regions of the world in contemporary international relations; The main trends and tendencies of modern international relations: globalization and regionalization, digitization, new trends in the sphere of countering new challenges and threats in international relations at the present stage.
4. Помелова Ю.П., Сафронова О.В. Словарь терминов по теории международных отношений URL: <a href="http://e-lib.unn.ru/MegaPro/Download/MObject/299">http://e-lib.unn.ru/MegaPro/Download/MObject/299</a> (свободный доступ)	Key milestones in the history of international relations (1945-1991) and major developments in contemporary international relations (1991 - present); Systems of international relations and the formation of the world order; The role of great powers, regions of the world in contemporary international relations;

	<p>The activities of international organisations and the role of the United Nations in the contemporary system of international relations;</p> <p>The main trends and tendencies of modern international relations: globalization and regionalization, digitization, new trends in the sphere of countering new challenges and threats in international relations at the present stage.</p>
<p>5. Современные международные отношения: учебник / под ред. А.В. Торкунова, А.В. Малыгина. – М.: Аспект Пресс, 2012. – 688.  <a href="https://lib.agu.site/upload/iblock/4db/Moder n%20international%20relations.pdf">https://lib.agu.site/upload/iblock/4db/Moder n%20international%20relations.pdf</a></p>	<p>Key milestones in the history of international relations (1945-1991) and major developments in contemporary international relations (1991 - present);</p> <p>The role of great powers, regions of the world in contemporary international relations;</p> <p>The main trends and tendencies of modern international relations: globalization and regionalization, digitization, new trends in the sphere of countering new challenges and threats in international relations at the present stage.</p>

### Area studies

Source in Russian	Topic
<p>1. Введение в регионоведение: учебное пособие / М.В. Иванова – Томск: Издательство Томского политехнического университета, 2008. – 177 с.  <a href="https://portal.tpu.ru/SHARED/r/RITA9/Us_d/Tab4/Wweden_1.doc">https://portal.tpu.ru/SHARED/r/RITA9/Us_d/Tab4/Wweden_1.doc</a></p>	<p>Theoretical basis of Area studies</p> <p>Historical, cultural and socio-political characteristics of the regions/countries of the region</p> <p>Regional international relations, foreign policy and diplomacy of the countries of the region</p> <p>Regionalization, integration and globalization</p> <p>Regional conflicts</p>
<p>2. Введение в регионоведение: учебное пособие / М.В. Иванова – Томск: Издательство Томского политехнического университета, 2008. – 177 с.  <a href="https://portal.tpu.ru/SHARED/r/RITA9/Us_d/Tab4/Wweden_1.doc">https://portal.tpu.ru/SHARED/r/RITA9/Us_d/Tab4/Wweden_1.doc</a></p>	<p>Theoretical basis of Area studies</p> <p>Historical, cultural and socio-political characteristics of the regions/countries of the region</p> <p>Regional international relations, foreign policy and diplomacy of the countries of the region</p> <p>Regionalization, integration and globalization</p> <p>Regional conflicts</p>
<p>3. Введение в регионоведение: учебное пособие / М.В. Иванова – Томск: Издательство Томского политехнического университета, 2008.</p>	<p>Theoretical basis of Area studies</p> <p>Historical, cultural and socio-political characteristics of the regions/countries of the region</p>



<p>– 177 с.  <a href="https://portal.tpu.ru/SHARED/r/RITA9/Уd/Tab4/Wweden_1.doc">https://portal.tpu.ru/SHARED/r/RITA9/Уd/Tab4/Wweden_1.doc</a></p>	<p>Regional international relations, foreign policy and diplomacy of the countries of the region  Regionalization, integration and globalization  Regional conflicts</p>
<p>4. Гребенникова, Т. Г. Введение в регионоведение: учеб. пособие / Т. Г. Гребенникова, Д. А. Глазунов, И. В. Анисимова ; АлтГУ. - Барнаул : Изд-во АлтГУ, 2015. - 94 с.  <a href="http://elibrary.asu.ru/xmlui/bitstream/handle/asu/1048/read.7book?sequence=1&amp;isAllowed=y">http://elibrary.asu.ru/xmlui/bitstream/handle/asu/1048/read.7book?sequence=1&amp;isAllowed=y</a></p>	<p>Theoretical basis of Area studies  Historical, cultural and socio-political characteristics of the regions/countries of the region  Regional international relations, foreign policy and diplomacy of the countries of the region  Regionalization, integration and globalization  Regional conflicts</p>
<p>5. Регионоведение : учебное пособие / Ж. В. Петрунина ; М-во образования и науки Российской Федерации, Федеральное гос. бюджетное образовательное учреждение высш. проф. образования "Комсомольский-на-Амуре гос. технический ун-т". - Комсомольск-на-Амуре : КНАГТУ, 2014. – 73  <a href="https://knastu.ru/media/files/page_files/page_421/posobiya_2014/ Petrunina_Regio_novedeniye.pdf">https://knastu.ru/media/files/page_files/page_421/posobiya_2014/ Petrunina_Regio_novedeniye.pdf</a></p>	<p>Theoretical basis of Area studies  Historical, cultural and socio-political characteristics of the regions/countries of the region  Regional international relations, foreign policy and diplomacy of the countries of the region  Regionalization, integration and globalization  Regional conflicts</p>
<p>6. Регионоведение : учебник для среднего профессионального образования / В. А. Ачкасова [и др.] ; под редакцией И. Н. Барыгина. — 2-е изд. — Москва : Издательство Юрайт, 2023. — 391 с. — (Профессиональное образование). — ISBN 978-5-534-12088-2. — Текст : электронный // Образовательная платформа Юрайт [сайт]. — URL: <a href="https://urait.ru/bcode/517935">https://urait.ru/bcode/517935</a> (дата обращения: 04.07.2024).</p>	<p>Theoretical basis of Area studies  Historical, cultural and socio-political characteristics of the regions/countries of the region  Regional international relations, foreign policy and diplomacy of the countries of the region  Regionalization, integration and globalization  Regional conflicts</p>

<b>Source in English</b>	<b>Topic</b>
<p>1. Fawcett L. The History and Concept of Regionalism. UNU Institute on Comparative Regional Integration Studies// UNU-CRIS Working Papers. 2013. URL: <a href="https://cris.unu.edu/sites/cris.unu.edu/files/W-2013-5.pdf">https://cris.unu.edu/sites/cris.unu.edu/files/W-2013-5.pdf</a> (свободный доступ)</p>	<p>Theoretical basis of Area studies</p>



<p>2. Global Issues// UN. <b>URL:</b>  <a href="https://www.un.org/en/global-issues">https://www.un.org/en/global-issues</a>  (свободный доступ)</p>	<p>Historical, cultural and socio-political characteristics of the regions/countries of the region  Regional international relations, foreign policy and diplomacy of the countries of the region  Regionalization, integration and globalization  Regional conflicts</p>
<p>3. Pekkanen S., Ravenhill J., Foot R. The Oxford Handbook of the International Relations of Asia. Oxford: Oxford University Press, 2014. 840 p.  <b>URL:</b>  <a href="https://hostnezt.com/cssfiles/internationalrelations/The%20Oxford%20Handbook%20of%20The%20International%20Relations%20of%20Asia%20By%20Sssdia%20M%20Pekkanen.pdf">https://hostnezt.com/cssfiles/internationalrelations/The%20Oxford%20Handbook%20of%20The%20International%20Relations%20of%20Asia%20By%20Sssdia%20M%20Pekkanen.pdf</a></p>	<p>Regional international relations, foreign policy and diplomacy of the countries of the region</p>
<p>4. The Routledge Handbook of Transregional Studies 2019 <b>URL:</b>  <a href="https://archive.org/details/oopen-20.500.12657-89796/mode/2up?q=area+studies">https://archive.org/details/oopen-20.500.12657-89796/mode/2up?q=area+studies</a></p>	<p>Theoretical basis of Area studies  Historical, cultural and socio-political characteristics of the regions/countries of the region  Regional international relations, foreign policy and diplomacy of the countries of the region  Regionalization, integration and globalization  Regional conflicts</p>
<p>5. Sage handbook of comparative politics Thousand Oaks, CA : SAGE Publications 2009. <b>URL:</b>  <a href="https://archive.org/details/sagehandbookofco0000unse_b7i3/mode/2up?q=Handbook+of+area+studies">https://archive.org/details/sagehandbookofco0000unse_b7i3/mode/2up?q=Handbook+of+area+studies</a></p>	<p>Theoretical basis of Area studies  Historical, cultural and socio-political characteristics of the regions/countries of the region  Regional international relations, foreign policy and diplomacy of the countries of the region  Regionalization, integration and globalization  Regional conflicts</p>
<p>6. United Nations Yearbook collection <b>URL:</b>  <a href="https://www.un.org/en/yearbook">https://www.un.org/en/yearbook</a></p>	<p>Regional international relations, foreign policy and diplomacy of the countries of the region  Regionalization, integration and globalization  Regional conflicts</p>
<p>7. United Nations Maps &amp; Geospatial services. <b>URL:</b>  <a href="https://www.un.org/geospatial/mapsgeo">https://www.un.org/geospatial/mapsgeo</a></p>	<p>Historical, cultural and socio-political characteristics of the regions/countries of the region</p>

**Public administration**

Source in English	Topic
<p>1. Adler, Matthew D., "Regulatory Theory". Faculty Scholarship at Penn Law. 301, 2009  <a href="https://scholarship.law.upenn.edu/cgi/viewcontent.cgi?referer=&amp;httpsredir=1&amp;article=1300&amp;context=faculty_scholarship">https://scholarship.law.upenn.edu/cgi/viewcontent.cgi?referer=&amp;httpsredir=1&amp;article=1300&amp;context=faculty_scholarship</a>            (свободный доступ)</p>	<p>The State and public administration            Theories and approaches to public policy            State regulation of the economy            National public administration systems in education, health and infrastructure</p>
<p>2. Araral E., Scott F., Howlett M., Ramesh, M. Xun W. Bureaucracy, and the policy process. "Routledge Handbook of Public Policy" Routledge.  <a href="http://ndl.ethernet.edu.et/bitstream/123456789/26874/1/131.Eduardo%20Araral%2C%20Scott%20Fritzen%2C%20Michael%20Howlett%2C%20M.%20Ramesh%2C%20Xun%20Wu.pdf">http://ndl.ethernet.edu.et/bitstream/123456789/26874/1/131.Eduardo%20Araral%2C%20Scott%20Fritzen%2C%20Michael%20Howlett%2C%20M.%20Ramesh%2C%20Xun%20Wu.pdf</a>            (свободный доступ)</p>	<p>The State and public administration            Elements of public policy            Theories and approaches to public policy</p>
<p>3. Handbook of Public Policy Analysis: Theory, Politics, and Methods. Edited By Frank Fischer, Gerald J. Miller. Talor and Francis group, 2007. 670 p.  <a href="http://www.untag-smd.ac.id/files/Perpustakaan_Digital_2/PUBLIC%20POLICY%20(Public%20Administration%20and%20public%20policy%20125)%20Handbook%20of%20Public%20Policy%20Analysis%20Th.pdf">http://www.untag-smd.ac.id/files/Perpustakaan_Digital_2/PUBLIC%20POLICY%20(Public%20Administration%20and%20public%20policy%20125)%20Handbook%20of%20Public%20Policy%20Analysis%20Th.pdf</a>            (свободный доступ) Please do an online search of the book if the link does not load</p>	<p>The State and public administration            Elements of public policy            Theories and approaches to public policy            State regulation of the economy            National public administration systems in education, health and infrastructures</p>

Sources in Russian	Topic
<p>1. Бычкова О.В.            «Умное регулирование»: как предотвратить появление необоснованных регулирующих правил. учебное пособие. Санкт-Петербург, 2018. Изд-во Европ.ун-та в СПб. 520 с.  <a href="https://eupress.ru/uploads/files/S-181_pages.pdf">https://eupress.ru/uploads/files/S-181_pages.pdf</a> (свободный доступ)</p>	<p>State regulation of the economy            National public administration systems in education, health and infrastructures</p>
<p>2. Голосов Г.В. Сравнительная политология. Учебник. 3-е изд., перераб. и доп. Санкт-Петербург, 2001. Изд-во Европ.ун-та в СПб. 368 с. URL: <a href="https://coollib.cc/b/426521/read">https://coollib.cc/b/426521/read</a></p>	<p>The State and public administration</p>

(свободный доступ)	
3. Дегтярев, А. Принятие политических решений. М.: КДУ, 2004. 416 с. URL: <a href="https://mgimo.ru/upload/iblock/2ce/2ce00f6ac5487e78aba5c9fc">https://mgimo.ru/upload/iblock/2ce/2ce00f6ac5487e78aba5c9fc</a> (свободный доступ) Please do an online search of the book if the link does not load	Elements of public policy Theories and approaches to public policy

### Asian studies

Sources in English	Topic
1. Asia and Africa in the global economy / edited by Ernest Aryeetey. 2003 URL: <a href="https://collections.unu.edu/eserv/UNU:2437/ebrary9280810898.pdf">https://collections.unu.edu/eserv/UNU:2437/ebrary9280810898.pdf</a>	International economic relations of Asian and African countries
2. Hayes Louis D. Political Systems of East Asia: China, Korea, and Japan, 2012. URL: <a href="https://archive.org/details/politicalsystems000haye/mode/2up">https://archive.org/details/politicalsystems000haye/mode/2up</a>	Asian and African languages and culture Current issues of Eastern society
3. Rhoads Murphey Kristin Stapleton. A History of Asia, 2019 URL: <a href="https://studylib.net/doc/26038758/dokumen.pub-a-history-of-asia-8nbsped-0815378599-97808153...">https://studylib.net/doc/26038758/dokumen.pub-a-history-of-asia-8nbsped-0815378599-97808153...</a>	International economic relations of Asian and African countries Current issues of Eastern society
4. Routledge Handbook of Asia in World Politics / Edited by Teh-Kuang Chang, Angelin Chang. Routledge, 2018. URL: <a href="https://vk.com/politvostok?w=wall-52136985_56918">https://vk.com/politvostok?w=wall-52136985_56918</a>	Current issues of Eastern society Socio-political thought in the East

Sources in Russian	Topic
1. Александров Е.Л., Круглов В.Н. Мировая экономика и международные экономические отношения: учебное пособие. – М.: Финансовый университет, 2017. URL: <a href="https://elib.fa.ru/fbook/Aleksandrov_1806.pdf/download/Aleksandrov_1806.pdf">https://elib.fa.ru/fbook/Aleksandrov_1806.pdf/download/Aleksandrov_1806.pdf</a>	International economic relations of Asian and African countries History of Asia and Africa Asian and African languages and culture Current issues of Eastern society

2. Введение в востоковедение. Общий курс / Отв. ред.: Е.И. Зеленев, В.Б. Касевич. СПб.: Каро СПб, 2013. URL: <a href="https://vk.com/wall-52136985_5259">https://vk.com/wall-52136985_5259</a>	International economic relations of Asian and African countries <b>1</b>
3. Новая история стран Азии и Африки. XVI–XIX века [Электронный ресурс] : учебник : в 3 частях / В.А. Мельянцев, Р.Г. Ланда, А.М. Родригес, И.Н. Селиванов ; ред. А.М. Родригес. – Москва : Владос, 2017. – Ч. 1. URL: <a href="https://vk.com/wall-56611080_14859">https://vk.com/wall-56611080_14859</a>	History of Asia and Africa Asian and African languages and culture
4. Новая история стран Азии и Африки. XVI–XIX вв. [Электронный ресурс]: учебник : в 3 частях / Е.Ю. Ванина, С.Ю. Рафалюк, Ю.И. Лосев и др. ; ред. А.М. Родригес. – Москва : Владос, 2017. – Ч. 2. URL: <a href="https://vk.com/wall-56611080_14859">https://vk.com/wall-56611080_14859</a>	History of Asia and Africa Asian and African languages and culture
5. Новая история стран Азии и Африки. XVI–XIX вв. [Электронный ресурс]: учебник : в 3 частях / Ф.М. Ацамба, А.М. Родригес, Е.С. Галкина и др. ; ред. А.М. Родригес. – Москва : Владос, 2017. – Ч. 3. URL: <a href="https://vk.com/wall-56611080_14859">https://vk.com/wall-56611080_14859</a>	History of Asia and Africa Asian and African languages and culture <b>2</b>

#### 4.2. Recommended Online Courses

##### Political sciences

Online Course English	Link	Summary
Comparative Political Systems (edX)	<a href="https://www.edx.org/learn/politics/universita-degli-studi-di-napoli-federico-ii-comparative-political-systems">https://www.edx.org/learn/politics/universita-degli-studi-di-napoli-federico-ii-comparative-political-systems</a> (Open Access)	This course provides the insights needed to understand democracy today and the challenges faced by democratic governments.
Introduction to Political Science (Alison)	<a href="https://alison.com/course/introduction-to-political-science">https://alison.com/course/introduction-to-political-science</a> (Open Access)	This course explores various political theories and systems and analyzes their impact on policy formulation and decision-making processes on various levels. Discover the relationship between politics and economy and current important political trends of the 21st century.
Understanding Political	<a href="https://www.edx.org/course/understanding-">https://www.edx.org/course/understanding-</a>	This course offers an exciting journey through political science concepts. Understand key

Concepts (edX)	<a href="#">political-concepts</a> (Open Access)	concepts like party, bureaucracy, and constitution by using new methods developed for scholars and students; including the innovative "Hyperpolitics" tool.
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Online course in Russian	Link	Summary
Введение в современную политическую науку	<a href="https://openedu.ru/course/hse/INTMODPOL/">https://openedu.ru/course/hse/INTMODPOL/</a> (Open Access)	The aim of the course is to familiarize students with the basic concepts, approaches and categories of world political science in its current state. The course reflects an important "cross-section" of the current state of political science on the mentioned topics, which is not covered by the textbooks distributed in the domestic educational market.
Общественное для иностранных учащихся. Вводно-предметный курс	<a href="https://stepik.org/course/58716/promo?search=4691810618">https://stepik.org/course/58716/promo?search=4691810618</a> (Open Access)	This course is addressed to future students of preparatory faculties for foreigners of Russian universities who have just begun to study Russian (for those who have an elementary level of the language). The course consists of 6 modules in core subjects: "Social Studies", "Man and Society", "Economics", "Politics and Law", "Social Sphere", "Spiritual Sphere".
Теория политики: вводный курс	<a href="https://stepik.org/course/118180/promo?search=4691810589">https://stepik.org/course/118180/promo?search=4691810589</a> (Open Access)	The course includes lecture material, interim review (test material), and additional material on the topic being studied. The course introduces different areas of political science. The course is divided into modules, each of which consists of several lessons.

### International relations

Online course in English	Link	Summary
Global Diplomacy: the United Nations in the World	<a href="https://www.coursera.org/learn/global-diplomacy-un">https://www.coursera.org/learn/global-diplomacy-un</a> (Open Access)	The course offers a comprehensive and in-depth introduction to the United Nations, emphasizing both theoretical understanding and practical skills essential for discussing UN affairs. It covers the concept of the UN as a system, explores how its various components integrate to form the modern UN structure, and examines the historical context of its inception. Additionally, the course addresses the UN's organizational framework, the

		role of human rights in international politics, and the UN's responses to global crises.
History of International Relations: the Cold War Years	<a href="https://stepik.org/course/125888/promo">https://stepik.org/course/125888/promo</a> (Open Access)	<p>The course is devoted to international relations in the Cold War years as an integral part of the history of international relations. It outlines the state-of-the-art research of the Cold War history; the main structural characteristics and the main concepts of the international relations born during the Cold War. The course helps to develop the ability to understand and order facts against the background of more general international developments; and establish a solid factual baseline related to the global and regional problems and developments during the Cold War years.</p> <p>The course is designed to help students of the history of international relations to structure their understanding of the international system of that period.</p>
The Making of US Foreign Policy	<a href="https://www.coursera.org/learn/the-making-of-us-foreign-policy-mooc">https://www.coursera.org/learn/the-making-of-us-foreign-policy-mooc</a> (Open Access)	This course offers a thorough understanding of the evolution of United States foreign policy from its inception to the present day. It outlines the origins of U.S. foreign policy, highlighting how historical events, domestic institutions, and trade have shaped it. Additionally, the course examines the impact of American foreign policy on the global order. It is designed for those interested in international relations, with a particular focus on U.S. history.
Power and Foreign Policy in International Relations	<a href="https://www.coursera.org/learn/power-and-foreign-policy-in-international-relations#modules">https://www.coursera.org/learn/power-and-foreign-policy-in-international-relations#modules</a> (Open Access)	This course outlines the significance of power in international relations and its influence on the strategies and tactics employed by nation-states in their interactions with others. It covers why nation-states behave in particular ways on the global stage, how relative strengths and weaknesses create opportunities and constraints in foreign policymaking and the causes of power shifts and changes in the international order over time.
Terrorism and Counterterrorism : Comparing Theory and Practice	<a href="https://www.coursera.org/learn/terrorism">https://www.coursera.org/learn/terrorism</a> (Open Access)	<p>The course explores the essence of terrorism and discovers why it is so difficult to define. It helps to analyze both the theoretical approaches and practical applications of terrorism and counterterrorism in the real world.</p> <p>The course is addressed to a wide audience interested in international relations, policy</p>

		analysis and counterterrorism.
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Online course in Russian	Link	Summary
Глобальное управление	<a href="https://stepik.org/course/64598/promo?search=4996277852">https://stepik.org/course/64598/promo?search=4996277852</a> (Open access)	The online course focuses on global processes and actions of international organizations. The course participants will study the processes of globalization, the challenges of the 21st century and the development of the world economy, as well as the goals and objectives of the formation of the United Nations and other international organizations. In addition, participants will gain an understanding of the possibilities of new forms and mechanisms of interaction between States and agreements between them for the effective sharing of resources. The course also includes information on the methods and mechanisms of participation of Russian authorities in international projects and agreements.
История Запада	<a href="https://openedu.ru/course/hse/WESTHIST/">https://openedu.ru/course/hse/WESTHIST/</a> (Open Access)	The online course offers a fascinating journey through the history of Europe, from ancient times to the XX century. It gives the principles of the periodization of world history in modern historical science, the chronological framework and the essential content of the concepts of "Antiquity", "Middle Ages", "Early Modern Times", "Modern Times", "Modern Times". The course explores the formation of ancient Greek civilization, the rise and fall of the Roman Empire, the period of feudal society, the formation of nation-states, colonial systems and the great crises of the XX century, the influence of Europe on the history of other regions of the world (Byzantium, Russia, Africa, America). The course analyzes historical sources and the work of modern historians.
История международных отношений	<a href="https://openedu.ru/course/hse/ISTMEZHOTN/">https://openedu.ru/course/hse/ISTMEZHOTN/</a> (Open Access)	This online course explores pivotal twentieth-century events that significantly influenced the development of the modern international relations system. It delves into the origins of early



		twentieth-century power conflicts, the causes of World War I, and the dynamics of international relations during both the interwar period and World War II. Additionally, the course covers the Cold War and its major phases, providing students with analytical tools to evaluate the impact of these key events on the contemporary world.
Мягкая сила и публичная дипломатия: теория и практика	<a href="https://openedu.ru/course/msu/SOFTPOWER/?session=spring_2024">https://openedu.ru/course/msu/SOFTPOWER/?session=spring_2024</a> (Open Access)	This online course focuses on 21st-century diplomacy, emphasizing the role of "soft power" and public diplomacy as key tools for achieving political objectives. It covers the concept of "soft power" and its application in international politics, explores the methods and tools used in public diplomacy, and examines examples of both successful and unsuccessful "soft power" strategies employed by leading global countries, including the USA, Great Britain, Germany, Japan, China, India, and Russia. Additionally, the course addresses the challenges of "color revolutions" and their relationship with "soft power."
Цифровые международные отношения	<a href="https://stepik.org/course/122272/promo">https://stepik.org/course/122272/promo</a> (Open access)	The course aims to form an understanding of the impact of information and communication technologies on international relations. The main theories of the information society will be considered, as well as concepts that allow assessing the impact of information and communication technologies on modern society, including the concept of the Fourth Industrial Revolution by Klaus Schwab; promising areas of ICT, including the development of "big data" and artificial intelligence technologies, will be described. The directions of the use of ICT in diplomatic practice are characterized, as well as such a new problem on the international agenda as international information security, and the key areas of international cooperation to overcome it are considered.
Публичная дипломатия США	<a href="https://stepik.org/course/3468/promo?search=4996341542">https://stepik.org/course/3468/promo?search=4996341542</a> (Open access)	The course covers the formation of new expertise and skills in the field of foreign policy and public diplomacy of the United States. The course participants will explore how public diplomacy serves as an effective tool in the foreign policy activities of the US government, including the creation of loyal groups in the society of foreign

		countries, training of the political and military elite, support for the opposition and the participation of liberal parties in local elections, reforming education systems, support for dissidents and the creation of the media.
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### Area studies

Online course in English	Link	Summary
Disintegration of the USSR and Conflict Dynamics	<a href="https://stepik.org/course/118028/promo">https://stepik.org/course/118028/promo</a> (Open Access)	The course aims to present the logic of the collapse of the Soviet Union. The course combines facts and analysis in optimal proportions. After completing the course, students will have a clear understanding of what happened to the superpower at the turn of the 1980s-1990s. The course is set in the context of Russian and foreign scientific discourse.
Grand Strategy	<a href="https://stepik.org/course/125887/promo">https://stepik.org/course/125887/promo</a> (Open Access)	The purpose of the course is to form the audience's understanding of the basics of national security strategy, the main concepts of this area of politics and defence, the risks of crisis situations in the area of national security. The objectives of the course are: - familiarization with the basic concepts of national security strategy; - identification of various ideological approaches to this area of politics and defence; - updating knowledge about how to manage crisis situations in this area.
History of International Relations: the Cold War Years	<a href="https://stepik.org/course/125888/promo">https://stepik.org/course/125888/promo</a> (Open Access)	The course covers international relations in the Cold War years is an integral part of the history of international relations. It is a distinct period distinguished by its specific features, such as the bipolarity and the increasingly global competition between the East and the West and the alliances led by the two nuclear superpowers – the Soviet Union and the US. This period, also known as the Yalta order, the distinguished feature of which was the division of Europe and Germany, extends from 1945 through 1991 until the collapse of communist regimes in Europe in 1989, the unification of Germany in 1990, and the dissolution of the Soviet Union in 1991. The course provides state-of-the-art insights into the origins of the Cold War, its driving forces, challenges to the bipolarity as the organizing

		principle of the Yalta order, the short period of détente in East-West relations in the late 1960s and the early 1970s, and the end of the Cold War.
History of International Relations and Foreign Policy of Russia	<a href="https://stepik.org/course/71352">https://stepik.org/course/71352</a> (Open Access)	The course outlines the idea that history does not teach, it rather educates the person and makes it free in its judgements, capable of distinguishing truth from propaganda and ideology. The course provides the idea that history forms the mentality of society, and therefore, it is necessary to understand one's own personality. History provides an opportunity to navigate in current political situations and relations between states, which means understanding your country's place on the world stage. The history of Russia is rich in events and activities of outstanding people.
World Regional Geography	<a href="https://learn.saylor.org/course/view.php?id=722">https://learn.saylor.org/course/view.php?id=722</a>	The course explores the physical and human landscapes of the world by dividing them into regions. It covers physical characteristics, such as location, climate, terrain, and natural hazards, and human characteristics, such as culture, ethnicity, language, economics, and politics.
World History (1600–Present)	<a href="https://learn.saylor.org/course/view.php?id=770">https://learn.saylor.org/course/view.php?id=770</a>	This course presents a comparative overview of world history from the 17th century to the present. The course examines the origins of major economic, political, social, cultural, and technological trends of the past 400 years and explores the impact of these trends on world societies.

Online course in Russian	Link	Summary
Арабский мир: история, политика, экономика	<a href="https://openedu.ru/course/hse/ARABWORLD/">https://openedu.ru/course/hse/ARABWORLD/</a> (Open Access)	This online course explores the socio-economic and political characteristics of Arab countries in the 21st century. It provides an overview of the key stages and trends in their development, examines the influence of religion on social and economic life, and offers insights into the peculiarities of doing business in the Arab world. Additionally, the course equips students with the skills to assess political and economic processes in the region.
Цифровые международные отношения	<a href="https://stepik.org/course/122272/promo">https://stepik.org/course/122272/promo</a> (Open Access)	The main purpose of the course is to form the listener's understanding of the modern impact of information and communication technologies on international relations. The main theories of the information society will be considered, as well as concepts that allow assessing the impact of information and communication technologies on

		modern society, including the concept of the Fourth Industrial Revolution by Klaus Schwab; promising areas of ICT, including the development of "big data" and artificial intelligence technologies, will be described. The directions of the use of ICT in diplomatic practice are characterized, as well as such a new problem on the international agenda as international information security, and the key areas of international cooperation to overcome it are considered.
Мировая экономика: субъекты и ресурсы	<a href="https://stepik.org/course/122447/promo">https://stepik.org/course/122447/promo</a> (Open Access)	This course teaches the theory, typology and main actors of the world economy, its resources and the main trends and problems, as well as the foundations of the international movement of economic goods and resources. It helps to analyze the economic situation in the world and leading countries, the main trends and problems of the international movement of economic goods and resources; methods of studying the world and national economy, including foreign trade, export and import of capital, international knowledge exchange and labor migration, as well as monetary and settlement relations.
Страноведение : демоверсия	<a href="https://stepik.org/course/181991/promo?ysclid=m03ktelqsu594595134">https://stepik.org/course/181991/promo?ysclid=m03ktelqsu594595134</a>	The course teaches interesting facts about the national characteristics of the countries of the world, and how to find analogies and generalizations when comparing the phenomena of culture, economics, and sociology of different countries.

### Public administration

Online course in English	Link	Summary
Public Policy- An introduction	<a href="https://www.classcentral.com/course/swayam-public-policy-an-introduction-14265">https://www.classcentral.com/course/swayam-public-policy-an-introduction-14265</a> (Open Access)	The course explores public policy making, a fundamental aspect of politics and government that significantly impacts national growth. Since the 1970s, public policy has become a major sub-discipline in political science and a key component of curricula worldwide. This course aims to familiarize students, educators, and others interested in the field with the essential concepts and theories of public policy. It covers the formulation of policies in both national and international contexts, examines why certain issues become policy concerns, analyzes the roles of various actors in shaping and influencing the policy process, and teaches skills for writing

		effective policy briefs.
Regulation delivery	<a href="https://fsr.eui.eu/course/regulatory-delivery-online/">https://fsr.eui.eu/course/regulatory-delivery-online/</a> (Open Access)	The course examines how regulatory authorities are adapting their policies and governance to align with societal goals and promote fair and efficient economic choices. It offers a comprehensive view of both theoretical and practical approaches to assessing regulatory delivery, including the evaluation of outputs and outcomes from various economic, societal, and legal perspectives.
Systematic Approaches to Policy Design	URL: <a href="https://pll.harvard.edu/course/systematic-approaches-policy-design?delta=0">https://pll.harvard.edu/course/systematic-approaches-policy-design?delta=0</a> (Open Access)	This course is designed to assist students in effectively utilizing data and evidence in their daily decision-making processes. It presents several overarching frameworks that aid in tackling complex decisions by breaking problems into manageable parts and identifying where evidence can most significantly inform the decision-making process.

Online course in Russian	Link	Summary
Государственная антикоррупционная политика	<a href="https://stepik.org/course/64633/promo">https://stepik.org/course/64633/promo</a> (Open Access)	This course addresses the growing issue of corruption in the context of economic, political, and cultural integration, globalization, and the evolution of a post-industrial society. It highlights how corruption pervades various aspects of modern life, leading to increased distrust in government, the erosion of political competition, and the expansion of the shadow economy, among other negative consequences. The course provides a comprehensive understanding of the different forms, causes, and conditions of corruption offenses and explores effective methods for combating corruption in contemporary settings.
Принятие и исполнение государственных решений	<a href="https://stepik.org/course/92350/promo">https://stepik.org/course/92350/promo</a> <a href="#">Темы 1-3</a> (Open Access)	The purpose of the course is to provide an understanding of the principles of decision-making, to consider the main methods and technologies of decision-making
Система государственного и муниципального управления	<a href="https://stepik.org/course/61250/promo?search=4703122899">https://stepik.org/course/61250/promo?search=4703122899</a> (Open Access)	The course includes the theoretical foundations of the functioning of the system of public administration. The main schools, categories and problem complexes of the theory and practice of public administration, various systems of political, administrative and municipal management, their structural, organizational and procedural specifics are revealed. The models of public service, the directions of administrative reforms and the problems of modernization of

		public administration are considered.
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### Asian studies

Online course in English	Link	Summary
The New Great Game and the Indo-Pacific: politics & economics.	<a href="https://stepik.org/course/94716/promo?search=4634109331">https://stepik.org/course/94716/promo?search=4634109331</a> (Open Access)	This course is designed for undergraduate students. It gives a comprehensive review of the main trends in political, economic, military and cultural interaction between the major powers and forces of the Indo-Pacific region. The course teaches about the main characteristics and distinctive features of the Indo-Pacific region in comparison with other major regions of world politics, the key theories of international relations, as well as apply them to the analysis of international dynamics in the Indo-Pacific. The course provides an understanding of the cornerstone imperatives of foreign policy and the interweaving interests of countries in Asia.
Culture and Law: The East Asian Perspective	<a href="https://www.edx.org/learn/culture/waseda-university-culture-and-law-the-east-asian-perspective?index=product&amp;queryID=b11e27d2d5869fbd8786953c96a01e8e&amp;position=7&amp;linked_from=autocomplete">https://www.edx.org/learn/culture/waseda-university-culture-and-law-the-east-asian-perspective?index=product&amp;queryID=b11e27d2d5869fbd8786953c96a01e8e&amp;position=7&amp;linked_from=autocomplete</a> (Open Access)	This course explores the evolution of Confucian moral and legal reasoning, with a focus on the distinctive role of apology in East Asian cultures. It introduces the concept of Legal Orientalism and challenges this theory through case studies on advanced legal notions, such as anticipatory repudiation in China, a transfer pricing dispute in Japan, and Inter-Korean business law in Korea. Additionally, the course provides an introduction to East Asian societies and delves into conflict resolution and negotiation practices in Japan, South Korea, and China.
Art of Asia	<a href="https://www.khanacademy.org/humanities/art-asia">https://www.khanacademy.org/humanities/art-asia</a> (Open Access)	The aim of the course is to outline the main directions of Asian culture and art. The course provides a historical overview of the development of the cultural sphere of the main Asian states.
Introduction to Comparative Politics	<a href="https://learn.saylor.org/course/view.php?id=344">https://learn.saylor.org/course/view.php?id=344</a> (Open Access)	This course delves into the formal public sphere of politics and power relations by systematically studying and comparing various types of government and political systems. Through the comparative method, practitioners seek to identify and understand the similarities and differences between these systems by breaking down broad concepts like "democracy" or "freedom" into specific factors found within individual systems. The course surveys the governments and politics of contemporary societies across the Americas, Europe, Africa,



		Asia, and the Middle East, examining political leadership, representative mechanisms, legal processes, as well as extra-institutional behaviors such as voting culture, ethnic conflict, and corruption.
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Online course in Russian	Link	Summary
Буддизм в Индии	<a href="https://openedu.ru/course/hse/BUDDHISM/?session=2022">https://openedu.ru/course/hse/BUDDHISM/?session=2022</a> (Open Access)	This course explores the diverse forms of Buddhism that flourished in India from its emergence in the mid-1st millennium BC until its near decline in the 13th-14th centuries AD. The course begins with an examination of the cultural environment in which Buddhism arose, providing a foundation for understanding its development. Students will engage with the core teachings of Buddhism, explore its various schools and traditions, and study Buddhist hagiography as a key aspect of religious practice. Special emphasis is placed on the cultural context that shaped the rise of Buddhism.
История стран Азии и Африки в Новейшее время	<a href="https://intuit.ru/studies/courses/3579/821/info">https://intuit.ru/studies/courses/3579/821/info</a> (Open Access)	The course reveals the main trends in the development of Eastern society in 1918-2005. A separate section is devoted to the problems of economic development of Asian and African countries in modern times, the evolution of the social structure of Eastern society throughout the 20th century, and the main trends in political construction. The history of the largest countries and regions of Asia and Africa is examined in detail.
Постколониальная литература и восточные мотивы	<a href="https://openedu.ru/course/spbu/POSTLIT/?session=POSTLIT">https://openedu.ru/course/spbu/POSTLIT/?session=POSTLIT</a> (Open Access)	The course introduces the basic concepts and ideas of postcolonial theory, as well as literary works that arose at the intersection of Western and Eastern cultures.
Основы мировой истории	<a href="https://academika.ru/course/academika-foundations-of-world-history/">https://academika.ru/course/academika-foundations-of-world-history/</a> (Open Access)	This course provides an overview of the major events in the history of both European civilization and key Eastern states, spanning from ancient times to the present day. It explores the political, cultural, and economic development of these regions, offering a comprehensive understanding of how various states have evolved over time. Through the course materials, students will gain insight into the significant historical milestones that have shaped the modern world.